

# **A.F.S.O. Thaiboxing-Rules ©**

## **Preface to Rules**

**These rules are valid for all A.F.S.O. events.**

**Any issues or circumstances not specifically provided for in these Official Rules shall be resolved by a consensus among the referee and the judges.**

**The final decision carries the Supervisor at the event or the A.F.S.O.**

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**The general rules can be found in the Muay Thai Rules**

These are the allowed and not allowed techniques specific for  
Thaiboxing.

The Execution of Wai Kru and Muay Thai Music is forbidden in Thaiboxing.

### **Legal Techniques**

Punches : Straight punches, hooks, uppers, and backspin blows.

Kicks : Front kicks, low kicks, middle kicks, high kicks, side kicks, back kicks, inner thigh kicks, jumping kicks, stop kicks, heel turning kicks, crescent kick, roundhouse kick, axe kick and knee kicks.

Hold of the kick leg if follow a direct techniques.

Clinching for the use of knee techniques.

Litters pulled over the thigh.

### **Illegal Techniques**

Elbow techniques

Clinching without knee insert

Braces to block the fight

Drag your opponent's leg and go

Hip and shoulder throws